

Daventry Open Weekend 2010



Two days of FREE activities!

Saturday, July 24
@ Daventry Leisure Centre

Sunday, July 25
@ Daventry Sports Park



Open weekend
July 24-25

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for the challenge?
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Foreword

Hello & welcome to the Daventry Open Weekend 2010.

Following on from our successful 'Flying the Flag' event, staged to mark the handover between the Beijing and London Olympics in 2008, Daventry District Council has teamed up with the London Organising Committee of the Olympic Games and Daventry Active Ltd to host an Open Weekend Event marking the two-year countdown to the London 2012 Olympic and Paralympic Games.

A mix of sporting, cultural and environmental activities will be delivered across two days at Daventry Leisure Centre & Daventry Sports Park, giving you the opportunity to sample a wide range of different activities completely free of charge.

There is something for everyone, from archery, climbing and kayaking to dance workshops, aerosol art and a free cinema.

Participants are asked to enter into the spirit of the Olympics by taking part in one of the challenges taking place across the weekend. They include the Sports Hall Athletics Olympics, the Indoor Rower Challenge and Beat the Keeper, with prizes being awarded to the strongest performers. Also look out for the Open Weekend Exhibition showcasing the work of local individuals who have competed in a pre-weekend photo competition.

The Open Weekend has been developed to help people see, touch, hear and take part in new things to spark interest and enthusiasm in the build-up to London 2012. Daventry District has a proud record of sports participation and it is hoped that both the Open Weekend and 2012 Games will encourage even more people to participate in sport and cultural activities.

Enjoy your weekend



Cllr Alan Hills
Community Portfolio Holder



Paul Pritchard
Sport and Leisure Officer



Set yourself a challenge

This year, as part of the Open Weekend celebrations, organisers have been asked to set a 'challenge' element to events where members of the public can sample the thrill of competition.

All activities are designed to encourage people to have a go and challenge themselves. Performance against other participants is not important so please get involved and discover if you have a talent that you hadn't yet realised!

Prizes and medals are available for the most impressive performances in each challenge.

Sports Hall Athletics Olympics (Saturday noon - 4pm)
Participants will compete in athletics activities including throwing, jumping and running.

Indoor Rowing Challenge (Saturday and Sunday - all day)
Participants will row 1,000 metres and all finishing times will be recorded.

Beat the Keeper Challenge (Sunday - all day)
Each participant has five shots from the penalty spot and if you score all five, you win a prize.

Photography Exhibition (Saturday - all day)
During the build up to this event, we have challenged the public to produce photographs suitable to exhibit at the Open Weekend.

Adidas adiTOUR

Look out for adiTOUR, who will be at the Open Weekend on both days from 10am to 6pm. The adiTOUR gives sports fans the opportunity to trial the latest adidas running footwear whilst taking on athletes in a series of physical challenges.

The challenges will be introduced and demonstrated virtually by adidas athletes on screens, and feature stars from the sporting world, including Frank Lampard, Kevin Pietersen and Christine Ohuruogu.

Participants will be advised on the best suited footwear for their needs and have an opportunity to purchase these at a discounted price.



Daventry Open Weekend 2010: Activities Timetable

Saturday, 24 July 2010 at Daventry Leisure Centre (8am to 10pm)

Time	Front Outside	Foyer	Sports Hall 1	Sports Hall 2	Swimming Pool	Creche	Mezzanine Floor	Saxon Suite					Squash Courts	Dance Studio	Adventure World	Rear Outside
8am																
9am					60+ Free Swimming											
10am	Mobile Climbing Wall	Reception/Information/First Aid Desk			Kayak Sessions: 8-11 yr olds: (10-11am) 12-16 yr olds: (11.20-12.20am) 16 yrs+: (12.40-13.40pm)		Daventry Active: Rover Challenge Wii Olympics	Information Stands Photography Exhibition/Competition	Street and Line Dance workshops	Story Telling Corner	Cake & Biscuit Decorating	Card Making	Squash & Racquetball	Body Pump	Free access to Adventure World	Bouncy Castle Mobile Skate Park Ice Cream Stand Adidas adITOUR Heart FM Promotions Hedz Aerosol Art
11am			Archery	Sk8 House		Ickle Fingers Rhyme & sign baby				Play Rangers Arts & Crafts	Nature Corner: Sunflower Planting			Henna Hand		
12pm				MEND Olympics		Toddle time music and movement								Body Combat		
1pm			Health Walk	Athletics Challenge		Wheelchair Basketball				Ickle Fingers Art & Crafts				Ceroc demo's and lessons		
2pm														Body Conditioning		
3pm										Under 16's Free Swimming						
4pm						Daventry Phoenix ABC Boxing										
5pm				Basketball						Inflatable Session						
6pm		Badminton	Stefan Carter Daventry Judo	Lane Swim				Street Dance (11-16 yr olds)								

The Free Cinema Event will be taking place from 6pm to 10pm (2 family films selected by a public vote).

Films showing will be confirmed 1 week before screening on the following link: www.daventrydc.gov.uk/open-weekend

Sunday, 25 July 2010 at Daventry Sports Park (10am to 6pm)

Time	Astro-turf Pitches				Grass Pitches										Pavillion								
10am	Long Buckby Rugby Club	Daventry Hockey Club	Barbeque	Ickle Fingers Arts and Crafts	Beat the Keeper Challenge	Weight Loss Programme	Inflatables	Sales Stand	Face Painting	Petting Zoo	Ice Cream Van	Rowing Challenge	Arts and Culture Activities	Arts and Crafts	Archery	Climbing Towers	Adidas adITOUR	Irish Dancing	First Aid	Inside Catering	Stalls	Memberships	
11am																							Martial Arts
12pm		Irish Dancing																					
1pm	Cricket Club	Daventry Town Football Club																					Martial Arts
2pm																							Irish Dancing
3pm																							Martial Arts
4pm																							Irish Dancing
5pm																							Martial Arts
6pm																							

Car Parking: The main car park is for staff and marshalls. The far end car park will be available for public use.



Activities required to be booked in advance. Bookings will be taken from 9:30am on the day at the information desk

Taking part in activities

In order to participate in activities, simply complete the form on the next page and return it to the information desk in the foyer on the day of the event.

Your completed form will be exchanged for a wristband, which will allow you access to all of the days events free of charge.

Please note that if you wish to attend both days you will be required to register on both days.

Although all activities are provided free of charge, some activities are required to be booked in advance due to limited spaces.

Advance bookings can only be taken on the day of the event on a first come first served basis.

Please consult the timetable to see which activities have limited spaces. Bookings will be taken from 9:30am on each day at the information desk.

Thank you!

This event would not have of been possible without the help and support of following organisations & individuals:

Long Buckby Archery Club, Daventry Athletics Club, MEND Daventry Basketball Club, Daventry Badminton Club, SK8 House , Daventry Phoenix Boxing Club, Daventry Judo Club, Wheelchair Basketball Experience, Ceroc, Empowered, Daventry Squash Club, Daventry Active, Ickle Fingers, Northamptonshire Sport, Helen Monaghan, Lou Stone, Lynsey Kitchen, Golden Health Chinese Medicine, DASH, Daventry & District Over Fifties Forum (DOF), Daventry & District Youth Forum, Wendy Baker, Jane Thompson, Northants Dance, Hedz Aerosol Art, British Kickboxing Association, Woodlands Acro Gymnastics Club and Parminder Kandola.

Open Weekend Registration Form

Name: _____ Date of Birth: _____

Address: _____

Postcode: _____ Contact Tel No. _____

Parent/Guardian Name:(if under 16) _____

Alternative Emergency Contact (Name and No.) _____

Email (for information on future events/activities) _____

Please circle your response as appropriate to the following questions:

Do you suffer from any medical condition that requires prescribed medication? YES / NO

If yes, please give details (Dosage/times/etc)

Are you allergic to any medication? YES / NO

If yes, please give details

Do you suffer from any other allergies? YES / NO

If yes, please give details

Have you had a tetanus injection in the past 5 years? YES / NO

Name & Address of family doctor: _____

I/my parent/guardian agrees to receiving emergency medical treatment including anaesthetic, as considered necessary by the medical authorities present. YES / NO

I/my parent/guardian consent(s) to take part in these activities and for photographs to be taken for DDC and partner organisations promotional purposes. YES / NO

Please tick this box if you do not wish to receive further information from DDC relating to Sports Development Programme.

Signed _____ (Parent/Guardian, *if under 16*)

Date _____




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